

# THE LION'S ROAR

MCAVINNUE'S COMMUNITY NEWSLETTER: WEEK OF OCTOBER 10TH

## MCAVINNUE'S PRINCIPAL'S MESSAGE

Hello McAvinnue Community!

We have successfully completed another great week at McAvinnue! I had the chance to observe some amazing lessons focusing on subtraction with regrouping, word work, and how emotions can be identified through facial expressions and body movements. Our teachers are working hard and planning meaningful lessons that your children are truly benefiting from. The teaching and learning will continue over the month of October. We will be sending out a formal progress report that will review your child's progress in a few weeks. Be on the look out more information from your child's teacher and in the Lion's Roar Community newsletter next week.



Our students are just about finished with the iReady diagnostic assessment for both English Language Arts (ELA) and Math. This assessment will allow for our teachers to see what your child has a solid understanding of connected to various teaching standards that fall under each of these two areas. Also, the iReady platform will map out online lessons for your child that will target specifically what they need more practice on. Your child's progress will continue to be monitored by the classroom teacher and on the iReady instructional platform.

There will be no school on Monday, October 11th for all schools that are part of the Lowell Public School District due to "Indigenous Peoples' Day". This was the day that was formerly known as "Columbus Day". On October 10, 2019, just a few days before Columbus Day would be celebrated in Washington, D.C., the D.C. Council voted to temporarily replace Columbus Day with Indigenous Peoples' Day. This bill was led by Councilmember David Grosso and later received congressional approval to become a permanent change. "Indigenous Peoples' Day" arose as an alternative to Columbus Day, which Native Americans protested for honoring a man who had enabled their colonization and forced assimilation.

Wondering more about Indigenous Peoples' Day...check out the quick video below!

Here are a few items that you need to be aware of. Please mark your calendars for the following events and activities at McAvinnue for the few weeks:

- September 15th - October 15th - National Hispanic Heritage Month
- Monday, October 11th - McAvinnue Reopens
- Monday, October 10th - No School - Indigenous Peoples' Day
- Wednesday, October 19th - Progress Report Distribution: PreK - Grade 4
- Thursday, October 20th - Kindergarten Field Trip: Parlee Farms

You will find additional details for the events and activities list above in this edition of McAvinnue's "Lion's Roar" Community Newsletter.

As usual, we are looking forward to another amazing week at the "best school that we all know"!

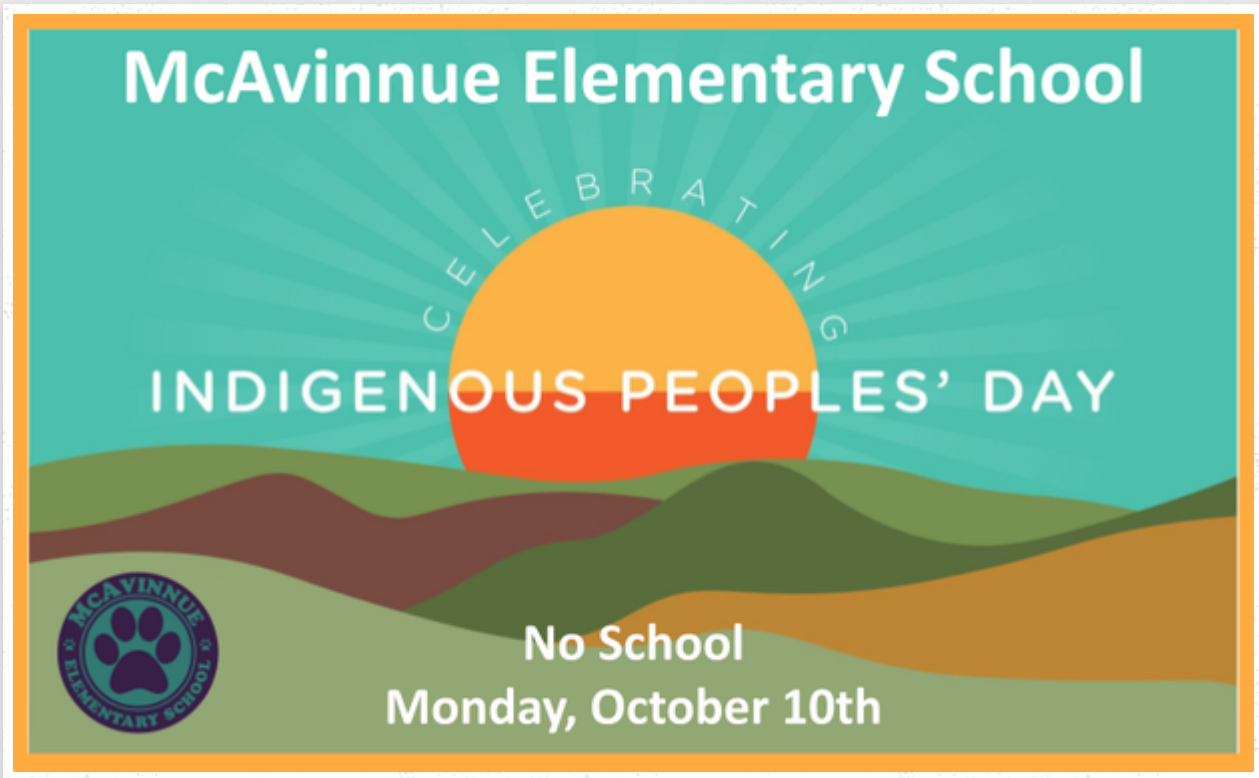
If you have any questions, please don't hesitate to contact the Main Office at McAvinnue or send Mr. Domina a message a [mdomina@lowell.k12.ma.us](mailto:mdomina@lowell.k12.ma.us).

<https://www.youtube.com/watch?v=XgpCOJzHo-4>



**INDIGENOUS PEOPLES' DAY: NO SCHOOL**

**MONDAY, OCTOBER 10TH**



## Candy Donations Needed!

We are gladly accepting candy donations for McAvinnue's "Trunk Or Treat" family Celebration!



Please feel free to drop off a bag of candy to the Main Office at McAvinnue anytime during school hours. Also, you can have your child bring a bag of candy with them to school...and they can drop it off at the Main Office when they arrive to the school building.

We will accept donations all the way up to the big event on Thursday, October 27th!

Thank you in advance for your support with this!

## MCAVINNUE'S WEEK IN REVIEW



## NED'S Mindset Mission Fun!

What a great way to launch into the new week! We welcomed "NED's Mindset Mission" host our first all school meeting of the school year! Positive message focusing on growth mindset and perseverance!



## Before School Program Action!

McAvinue's "21st Century Before School Program" is off to a super fun and positive start!



## Room 211 Working Hard!

PreK CSA students in Mrs. Irwin's class did a great job working on sequencing the letters in their name and color identification!

# GRADE 3 VISITS THE CONCORD MUSEUM





# Attendance Matters

Every student. Every day.

## McAvinnue's Student Daily Attendance Policy

Please click the links below to access McAvinnue's Student Attendance Policy for the 2022-2023 academic school year. For your convenience, we have included the policy flyer in multiple languages.

If you have any questions, please don't hesitate to reach out directly.



Attendance English.pdf

[Download](#)

1.2 MB



Attendance Spanish.pdf

[Download](#)

1.7 MB



Attendance Portuguese.pdf

[Download](#)

1.8 MB

Check Out McAvinnue's "Virtual" Morning Announcements!

Like we had successfully done last school year, a new edition of McAvinnue's "Virtual" Morning Announcements will be presented to our students on Monday, Wednesday, and Friday each week. We will continue to use Tuesday and Thursday each week to be used for "Open Circle"....our Social Emotional Learning (SEL) program that focuses on community building, prosocial decision making, and appropriate responses to daily stressors both within the school and home settings.



This will continue to be a great way to bring our school together each day focusing on the same message to get the energy, commitment, and engage up before we launch into another great day at "the best school we all know".

You can check out each edition of McAvinnue's Morning Announcements on our YouTube channel using the link below.

[https://www.youtube.com/channel/UC7hxiBuRjqjgqfASI\\_RLMleQ](https://www.youtube.com/channel/UC7hxiBuRjqjgqfASI_RLMleQ)

If you want a peek of the latest edition of McAvinnue's "Virtual Morning Announcements", check out the video below!

### McAvinnue's Morning Announcements 10.7.2022



## UPCOMING EVENTS



Here are important dates to remember for the month of October:

- **September 15th - October 15th - National Hispanic Heritage Month**
- **Monday, October 10th - No School - Indigenous Peoples' Day**
- **Monday, October 11th - McAvinnue Opens @ 9:10 AM**
- **Wednesday, October 19th - Progress Report Distribution: PreK - Grade 4**
- **Thursday, October 20th - Kindergarten Field Trip: Parlee Farms**
- **Monday, October 24th - Picture Day At McAvinnue**
- **Thursday, October 27th - McAvinnue's "Trunk Or Treat" Family Night @ 5:00 PM - 6:30 PM**
- **Friday, October 28th - McAvinnue's "Lion's Pride" Core Value All School Meeting @ 9:30 AM - 10:15 AM**

**PICTURE DAY: MONDAY, OCTOBER 24TH**





We have once again partnered with O'Connor Studios for student pictures for the 2022-2023 academic school year. The first round of pictures will occur on Monday, October 24th. This will be for individual portraits only for those that are interested in making a purchase. Class pictures will occur for the second round of student pictures during the spring. Individual portraits will also be available at this time.

Be on the lookout for the order to come home with your child soon! This is needed along with payment if you are interested in purchasing a picture package for your child.

## McAvinnue's "Trunk Or Treat" Family Celebration

Please join us for McAvinnue's "Trunk Or Treat" Family Celebration!

On Thursday, **October 27th from 5:00 PM - 6:30 PM**, you can come to St. Rita's Church rear parking lot (directly across from McAvinnue), for some costume and candy fun!

This event is free of charge! All you need to do is come by with your costume on, bring a bag for treats, and we will do the rest! You will have a chance to walk through a maze of cars that will each have a special treat for you!

We are super excited to bring this event back at McAvinnue! We hope that everyone makes the time to come by!



## NATIONAL HISPANIC HERITAGE MONTH

SEPTEMBER 15TH - OCTOBER 15TH



 **National Hispanic American ...** [www.hispanicheritagemonth.gov](http://www.hispanicheritagemonth.gov)

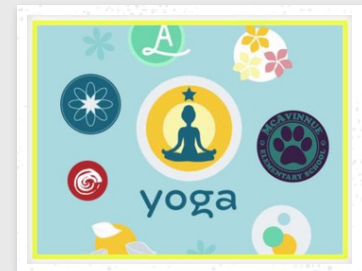
September 15 to October 15 is National Hispanic American Heritage Month. The Library of Congress, National Archives and Records Administration, National Endowment for the Humanities, National Gallery of Art, National Park Service, Smithsonian Institution and United States Holocaust Memorial Museum join in paying tribute to the generations of Hispanic Americans who have positively influenced and enriched our nation and society.

National Hispanic Heritage month begins today



## McAvinnue's Yoga Pose Of The Week: "Cat"

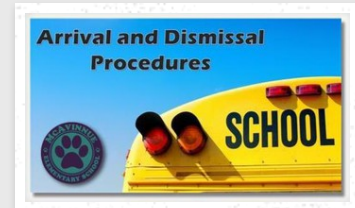
We will try a new pose this week called the "Cat"! This new pose will allow us to work on releasing tension that we may have through a good upper body stretch...just like a cat. We will practice the "Cat" pose daily during our "Virtual" Morning Announcements during this up and coming week on Monday, Wednesday, and Friday.



You can get an early head start and practice this technique before we launch into another exciting week!



## Drop-Off & Pick-Up Logistics



### Drop-Off Logistics

- Arrival begins at 9:10 AM each day. The late bell rings at 9:25 AM.
- Please pull up to the 4th Avenue side of the building when dropping off your child.
- As you approach the 4th Avenue sidewalk, a faculty member will greet and support getting your child safely out of the vehicle.
- This area is a drop off area ONLY. You will not be permitted to park in this location.
- Please be sure to drive all the way down to the end of the sidewalk so we can fit as many vehicles in this location as possible.
- Ensure your child is ready to go and do not get out of the car so we can keep traffic moving.
- Students accessing our CSA program will be dismissed out the 4th Avenue door near the rear of the school building by the exit driveway.
- Large bus students will enter using the back door located in the rear of the school building.
- Small bus and van transportation students will use the 4th Avenue door near the rear of the school building by the exit driveway.

### Morning Lining Up Locations

- Grade 1, 3, and 4 students will use the Main Door to enter the school building.
- Grade 2 will use the 4th Avenue doorway near the front of the school to enter the building.
- PreK & Kindergarten will use the Early Childhood door to enter the building. This door is

## Pick-Up Logistics

- Grade 1 will be dismissed out the Main Door.
- Grades 2, 3, and 4 will be dismissed out the 4th Avenue door near the front of the school.
- Kindergarten students will be dismissed out the Early Childhood door. This door is located to the right of McAvinnue's Reading Garden and to the left of the Main Door.
- Students accessing our CSA program will be dismissed out the 4th Avenue door near the rear of the school building by the exit driveway.
- PreK students will be dismissed out the 4th Avenue door near the rear of the school building by the exit driveway. Please contact Ms. Annie for the specific dismissal time.

## School Bus Transportation Information



School bus transportation is provided to students in grades K-4, who live greater than .75 mile from their residence or alternate address to their assigned school. Middle school students (grades 5-8) must live greater than 1.5 miles from their residence or alternate address to their assigned school.

Kindergarten through 4th grade students will receive a printed bus pass via postal mail. These passes were mailed out on August 24th. You can also look up your student's bus pass information by using their Student ID for the username and date of birth for the password at the link below. This is the same information that students use to log in to their Chromebooks for school.

Please note that Kindergarten and 1st grader students **must** have an older sibling (4th grade or older) or parent present at the bus stop in the afternoon in order to depart from the school bus. If a parent or older sibling is not present, the student will be brought to the Moody School, located at 158 Rogers Street. A driver's license or valid identification must be presented to the staff in order to dismiss the student.

You can use the LPSD "Bus Lookup Tool" using the link below. You will need to use you child's LASID or lunch number along with their birthdate to access this helpful system.

There also is a helpful video that you can watch that will walk you through the process.

**[CLICK HERE FOR THE LPSD "BUS LOOKUP TOOL"](#)**

You will need to have your child's LASID or lunch number to access the most up to date bus information for your child. Please keep in mind that this number is also used to log into your child's borrowed device.

## Bus Pass Lookup Tutorial



## Need Info? FREQUENTLY ASKED QUESTIONS & ANSWERS



### How can I update my contact information (phone number/email/address)?

- Go online to the Family Resource Webpage (<https://www.lowell.k12.ma.us/UpdateContactInfo>) and fill out the “contact us” form. Families who don’t have access to the internet can fill out the form in person at the Family Resource Center. If an address change is related to economic factors or housing instability (family moves in with relatives, eviction, hotel/motel, fire or unsheltered, please contact the McKinney Vento Office located at the Family Resource Center in person (151 Merrimack Street), by phone (978-674-4321) or go to the webpage at <https://www.lowell.k12.ma.us/HomelessAssistance>.

### How do I update my emergency contacts?

- If you were in the school last year we will send a verification sheet out. if you are new we will send home an emergency form to fill out on the first day of school or use the online form found in this newsletter.

### What should I do if my child needs a Chromebook or if my child’s Chromebook needs repairs?

- Families should contact their school to coordinate the issuing of a new Chromebook or to schedule repairs. After the school year begins, the district will resume its “tech tent” services and will inform families via email, text, and phone once the services resume.

### How do I register my child for the new school year?

- All school registrations are completed online using a computer or laptop. You can access the online application by going to <https://www.lowell.k12.ma.us/SchoolRegistration>. If you only have a mobile device and don't have access to a computer or laptop, you can register in person at the Family Resource Center (151 Merrimack Street). Please call the Family Resource Center if you have any questions (978-674-4321).

### **What should I do if I need to register my child(ren) and I don't speak English?**

- The Lowell Public Schools is committed to providing translation and interpretation services for families who require assistance in a language other than English. The online registration application and website is translated in Spanish and Portuguese and can be accessed by going to <https://www.lowell.k12.ma.us/SchoolRegistration>. For all other languages, please call Vannak Khin at (978) 328-6782 to arrange services. In-person language interpretation support for registration can be accessed by visiting the Lowell Public Schools at 151 Merrimack Street. Families can also call the Family Resource Center at (978) 674-4321 to make an appointment with a Bilingual Family Liaison.

### **How old does my child need to be to enroll in preschool or kindergarten?**

- A child must turn 4 years old on or before September 1, 2021, in order to apply for preschool and 5 by September 1 to apply for kindergarten. A family can apply for preschool by going to <https://www.lowell.k12.ma.us/PreschoolRegistration> to fill out an online application or <https://www.lowell.k12.ma.us/KindergartenRegistration> for kindergarten. For registration questions, please call (978) 674-4321.

### **How do I apply for a transfer for my child to change schools in the new year?**

- Per the 2021-22 School Assignment Policy, all students have the option to request one school transfer per year. Families can apply online by going to <https://www.lowell.k12.ma.us/SchoolTransfer> or can come to the Family Resource Center in-person to complete the application. Transfers are assigned on a space availability basis.

## Medical Information Reminder

Any students who have emergency medications (Epi-Pens, inhalers, etc.) or who will receive medication in school must have a medication order from the prescribing physician AND a completed consent form from the City Health Department.



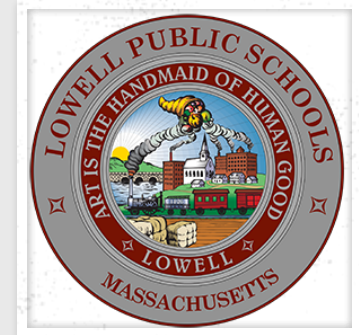
Forms and medication can be dropped off to Nurse Robin any time during the school day. However, it's ideal to drop things off between 9:10 AM - 9:30 AM each day.

Nurse Robin cannot administer ANY medications without a physician's order, including over-the-counter medications. Please make sure that the school nurse is provided refills in advance of any medication supply running out.

If you have any questions, please reach out to Nurse Robin directly,

## Lowell Public Schools COVID Guidelines Update

Please see the message that was recently sent out regarding the latest COVID-19 guidance for this school year.



*"Dear Lowell Public Schools Families,*

*We are looking forward to welcoming you all back to school on August 31st (Sept 7th for PreK and Kindergarteners) for the start of the 2022-2023 school year!*

*We would like to take this time to share the latest COVID-19 guidelines and policies:*

- There will be no more in-school testing or contact tracing and schools will be distributing one last at-home testing kit, which will expire Sept. 29.*
- Masks are not required (except for in the school nurse's office), but staff and students who wish to wear a mask may do so.*
- Students and staff who do have a positive case of COVID-19 must stay out of school for a minimum of five days, but may return if symptoms improve on days 6-10 if they wear a high-quality mask.*

*The Centers for Disease Control's latest COVID-19 guidance can be found here:*

*<https://www.cdc.gov/coronavirus/2019-ncov/your-health/isolation.html>*

*We ask that you continue to stress good hygiene habits to your children, such as thorough hand washing and coughing into their elbows when they cough, and ask them not to share cups or water bottles with friends.*

*We strongly encourage all who are able to do so to receive the COVID-19 vaccine and subsequent boosters. We are thankful to our partners at the Massachusetts Department of Public Health, who provided vaccinations at our Back-to-School Block Party, which was attended by more than 3,000 people. To find a location to receive a vaccine or booster, as well as additional information about the vaccine, visit: <https://www.lowellma.gov/1523/COVID-19-Vaccine>"*

## 2022-2023 SCHOOL YEAR CALENDAR



Superintendent of Schools-Lowell Public Schools- Lowell, MA  
2022-2023 School Year Calendar

Monday, August 29, 2022	Staff Return to School for Staff Orientation Day
Tuesday, August 30, 2022	Staff Professional Development Day at School Site
Wednesday, August 31, 2022	First Day of School - Grades 1-12
Friday, September 2, 2022	No School Labor Day Recess
Monday, September 5, 2022 *	No School - Labor Day
Tuesday, September 6, 2022	No School for Students - Primary Election - Professional Day for Staff
Wednesday, September 7, 2022	First Day of School - Pre-Kindergarten & Kindergarten
Monday, October 10, 2022 *	No School - Indigenous Peoples' Day
Tuesday, November 8, 2022	No School for Students - Election Day - Professional Day for Staff
Friday, November 11, 2022 *	No School - Veterans' Day Observed
Wednesday, November 23, 2022	Early Dismissal - Thanksgiving Recess
Thursday, November 24, 2022 *	No School - Thanksgiving Day
Friday, November 25, 2022 *	No School - Thanksgiving Recess
Monday, November 28, 2022	Schools Re-Open
Friday, December 23, 2022	Holiday Vacation Begins at the Close of Day
Saturday, December 24, 2022 *	Christmas Eve [Holiday Vacation: Saturday, December 24 - Sunday, January 1, 2023]
Sunday, December 25, 2022	Christmas Day
Monday, December 26, 2022 *	Central Office and Family Resource Office Closed
Friday, December 30, 2022 *	New Year's Eve
Sunday, January 1, 2023	New Year's Day
Monday, January 2, 2023 *	Central Office and Family Resource Office Closed
Tuesday, January 3, 2023	Schools Re-Open
Wednesday, January 11, 2023	Wednesday - Early Release for grades PreK-12
Monday, January 16, 2023 *	No School - Martin Luther King, Jr. Day
Friday, February 17, 2023	Mid-Winter Vacation Begins at the Close of School
Monday, February 20, 2023 *	President's Day [School Vacation: Monday, February 20 - Friday, February 24, 2023]
Monday, February 27, 2023	Monday - Schools Re-Open
Wednesday, March 8, 2023	Wednesday - Early Release for grades PreK-12
Friday, April 7, 2023 *	No School - Good Friday
Friday, April 14, 2023	Spring Vacation Begins at the Close of School
Monday, April 17, 2023 *	Patriot's Day - [School Vacation: Monday, April 17 - Friday, April 21, 2023]
Monday, April 24, 2023	Schools Re-Open
Monday, May 29, 2023 *	No School - Memorial Day
Thursday, June 15, 2023	180 <sup>th</sup> School Day
Monday, June 19, 2023 *	JUNETEENTH
Friday, June 23, 2023	185 <sup>th</sup> School Day [Includes five (5) Snow Days]



Approved by the Lowell School Committee at their meeting of May 4, 2022

\* Central Administration, Family Resource Center will be closed in observance of a holiday

Number of School Days Per Month	
August 1	January 20
September 19	February 15
October 20	March 23
November 18	April 14
December 17	May 22
	June 11

[CLICK TO ACCESS THE 2022-2023 SCHOOL CALENDAR](#)

OCTOBER BREAKFAST & LUNCH MENUS

 <b>Breakfast MENU</b> <b>October Elementary Breakfast Menu</b>				
<b>3</b> Warm Pumpkin Bread Oatmeal Raisin Round Served with Apple and Milk	<b>4</b> Double Chocolate Chip Muffin Benefit Bar Served with Apple and Milk	<b>5</b> Sausage, Egg and Cheese Bagel Sandwich Assorted Cereal Bowl with Graham Cracker Served with Apple and Milk	<b>6</b> Blueberry Waffle with Maple Syrup Nature Valley Oatmeal Round Served with Orange and Milk	<b>7</b> Bagel with Cream Cheese Assorted Cereal Bar with Graham Cracker Served with Banana and Milk
<b>10 Indigenous Peoples' Day</b> <b>NO SCHOOL</b>		<b>11</b> Double Chocolate Chip Muffin Benefit Bar Served with Orange and Milk	<b>12</b> Sausage, Egg and Cheese Bagel Sandwich Assorted Cereal Bowl with Graham Cracker Served with Orange and Milk	<b>13</b> Blueberry Waffle with Maple Syrup Nature Valley Oatmeal Round Served with Juice, Pear and Milk
<b>17</b> Breakfast Cheese Pizza Bagel Cranberry, Orange Oatmeal Round Served with Apple and Milk	<b>18</b> Blueberry Muffin Benefit Bar Served with Orange and Milk	<b>19</b> HOTM: Cinnamon Pear Parfait Assorted Cereal Bowl with Graham Cracker Served with Juice, Pear and Milk	<b>20</b> Blueberry Waffle with Maple Syrup Nature Valley Oatmeal Round Served with Banana and Milk	<b>21</b> Bagel with Cream Cheese Assorted Cereal Bar with Graham Cracker Served with Apple and Milk
<b>24</b> Warm Banana Bread Oatmeal Raisin Round Served with Orange and Milk	<b>25</b> Double Chocolate Chip Muffin Benefit Bar Served with Juice, Pear and Milk	<b>26</b> Bacon, Egg and Cheese Bagel Sandwich Assorted Cereal Bowl with Graham Cracker Served with Banana and Milk	<b>27</b> Blueberry Waffle with Maple Syrup Nature Valley Oatmeal Round Served with Apple and Milk	<b>28</b> Bagel with Cream Cheese Assorted Cereal Bar with Graham Cracker Served with Orange and Milk
<b>31</b> Breakfast Sausage Pizza Bagel Cranberry, Orange Oatmeal Round Served with Juice, Pear				

Check out <https://lowellk12ma.nutrislice.com/> for Menu's, Nutrition Education & Monthly Promotions! Questions or concerns please contact [foodservices@lowell.k12.ma.us](mailto:foodservices@lowell.k12.ma.us)

All Breakfast items are whole grain. Offered Daily: 1 % and Skim Milk and Fresh Fruit All Breakfast is provided free for all students. Menu is subject to change.



# OCTOBER 2022 ELEMENTARY LUNCH MENU

**Breakfast and Lunch is Free for all Students!**  
**Our menu consists of Whole Grains, Fresh Fruits and Vegetables.**  
**Students must take a fruit and/or vegetable with each lunch.**  
 All Meals served with milk.  
 Sunbutter and Jelly and Vegetarian Meals served daily.

In accordance with Federal Law and U.S. Department of Agriculture policy, this Institution is prohibited from discriminating on the basis of race, color, national origin, sex, age, or disability. To file a complaint of discrimination, write USDA, Director, Office of Adjudication, 1400 Independence Avenue, SW Washington, D.C. 20250-9410 or call toll free (866) 632-9992 (Voice). Individuals who are hearing impaired or have speech disabilities may contact USDA through the Federal Relay Service at (800) 877-8339; or (800) 845-6136 (Spanish). USDA is an equal opportunity provider and employer.

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
-Chicken Pot Pie with Biscuit -Hamburger & Cheeseburger -Black Bean Burger V -Chicken Caesar Salad with Flatbread LG -Turkey and Cheese Sandwich -Broccoli & Carrots Apples & Pears	-Arroz con Pollo with Rice -Fish Pot' Boy Sandwich with Colelaw -Hummus Platter V -Honey Mustard Chicken Wrap -Kickin Beans & Broccoli Clementines & Apples	-Buffalo Chicken Mac & Cheese -Mac and Cheese V -Crispy Chicken Sandwich & Spicy Crispy Chicken Sandwich -Chef Salad with Flatbread LG -Turkey & Cheese Sandwich -Cucumber & Carrots Bananas & Apples	-General Tso's Popcorn Chicken with Fried Rice -General Tso's Tofu Steak with Rice V -Pizza Cruncher V -Hummus Platter V -Honey Mustard Chicken Wrap -Green Beans & Carrots Pears & Fresh Fruit Cup	-Cheese Pizza V -Hawaiian Pizza -Chicken Caesar Salad with Flatbread LG -Turkey and Cheese Sandwich -Red Pepper Strips & Side Salad Apples & Bananas
<b>10</b> <b>INDIGENOUS PEOPLE'S DAY NO SCHOOL</b>	-Beef Taco with 6" Tortilla Wrap -Kickin Bean Taco with 6" Tortilla Wrap V -Crispy Chicken Sandwich & Spicy Crispy Chicken Sandwich -Yogurt & Fruit Power Pack V -Kickin Beans & Broccoli Oranges & Apples	-Chicken Parm with Penne -Pizza Crunchers V -Greek Salad with Flatbread LG V -Chicken Salad Sandwich on a Bulkie Roll -Cucumber & Carrots Bananas & Apples	-Szechuan Chicken with Rice -Szechuan Tofu with Rice V -Yogurt & Fruit Power Pack V -Greek Chicken Wrap -Green Beans & Carrots Pears & Fresh Fruit Cup	-Cheese Pizza V -Pepperoni Pizza -Greek Salad with Flatbread LG V -Chicken Salad Sandwich on a Bulkie Roll -Red Pepper Strips & Side Salad Apples & Bananas
-Loaded Baked Potato and Corn Muffin -Broccoli Cheddar Loaded Baked Potato and Dinner Roll V -Chicken Ranch Salad with Flatbread LG -Ham & Cheese Sandwich -Broccoli & Carrots Apples and Pears	-Chicken Carnitas Taco with 6" Tortilla Wrap -Crispy Chicken Sandwich & Spicy Crispy Chicken Sandwich -Pizza Platter V -Chicken Caesar Wrap -Kickin Beans & Broccoli Clementines & Apples	-Shepherd's Pie with Dinner Roll -Fish and "Chips" with Colelaw, Dinner Roll and Tartar Sauce -Vegetarian Nuggets and "Chips" with Colelaw, Dinner Roll V -Chef Salad with Flatbread LG V -Ham & Cheese Sandwich -Cucumber & Carrots Bananas & Apples	-General Tso Chicken with Fried Rice -General Tso's Tofu Steak with Fried Rice V -Chicken Parm Sub -Pizza Platter V -Chicken Caesar Wrap -Green Beans & Carrots Pears & Fresh Fruit Cup	-Cheese Pizza V -BBQ Chicken Pizza -Chicken Ranch Salad with Flatbread LG -Ham & Cheese Sandwich -Red Pepper Strips & Side Salad Apples & Bananas
-Chicken & Waffle with Maple Gravy -Pizza Crunchers V -Cobb Salad with Flatbread LG -Tuna Salad Sandwich on a Bulkie Roll -Maple Carrots & Green Beans Apples & Pears	-Tater Tot Beef Nacho (Totchos) -Tater Tot Black Bean Nacho V -Black Bean Burger V -Hamburger & Cheeseburger -Pretzel Power Pack V -Turkey Bahn Mi Sandwich -Kickin Beans & Broccoli Oranges & Apples	-Lok Lak with Rice -Chicken Tenders with a Dinner Roll -Mediterranean Hummus Salad with Flatbread LG V -Tuna Salad Sandwich on a Bulkie Roll -Cucumbers & Carrots Bananas & Apples	-Chicken Tikka Masala with -Chana Masala with Tzatziki Sauce and Tomato Cucumber Salad -Crispy Chicken Sandwich & Spicy Crispy Chicken Sandwich -Pretzel Power Pack V -Turkey Bahn Mi Sandwich -Green Beans & Carrots Pears & Fresh Fruit Cup	-Cheese Pizza V -Buffalo Chicken Pizza -Cobb Salad with Flatbread LG -Tuna Salad Sandwich on a Bulkie Roll -Red Pepper Strips & Side Salad Apples & Bananas
-Country Chicken Bowl with Corn Muffin -Country Vegetarian Nugget Bowl with Flatbread LG V -Chicken Parm Sub -Mediterranean Hummus Salad with Flatbread LG V -Italian Sub -Carrots & Green Beans Apples & Peaches				



Elementary Oct Breakfast Menu 22.23.pdf

[Download](#)  
605.5 KB



Elementary Oct Lunch Menu 22.23 Final.pdf

[Download](#)  
438.4 KB

## PARENT & FAMILY RESOURCES

# Breakfast and Lunch Will Be Free for All LPS Students

As we reopen for the new school year, Lowell Public Schools Food and Nutrition we are Powering Potential for students and faculty with innovations in our menus and enhancements to our overall dining operations. When your child dines with us, rest assured that we will be serving delicious, nutritious meals prepared with the utmost attention to safety. We encourage every student to fuel up with breakfast and lunch meals each day so they can be energized and prepared to succeed throughout the day, in and out of the classroom.



Please keep up to date on our program, nutrition education, monthly menus and back to school letters on the [LPS Food and Nutrition website](#).

Any concerns please feel free to email [foodservice@lowell.k12.ma.us](mailto:foodservice@lowell.k12.ma.us)

## Emergency Contact Form: 2022-2023



Get a jump start now and complete your emergency contact form for the 2022-2023 academic school year?

We have made it really easy for you to complete this important task. You can access the online form below. When you complete this form, it is immediately sent to McAvinnue and we will print it out for our records.

You don't need to come to the school to complete this form...you can do it right on your phone, tablet, or computer!

If you have any questions, please reach out to Mrs. De La Luz at [adelaluz@lowell.k12.ma.us](mailto:adelaluz@lowell.k12.ma.us) or contact the Main Office at McAvinnue for support!



Joseph A. McAvinue School



# Emergency Form

## Formulario de Emergencia

## Formulário de Emergência 2022-2023

[Sign in to Google](#) to save your progress. [Learn more](#)



# COMMUNITY CONNECTIONS & OPPORTUNITIES



## THANKSGIVING & CHRISTMAS SUPPORT FROM THE SALVATION ARMY



The Salvation Army is opening up its sign-ups for its "Angel Tree Project" earlier than usual this year. Applications will open on October 3rd and remain open only until capacity has been reached.

See the attached flyer for all of the eligibility and documentation requirements in order to qualify for support.

For more information contact Dianne James at 978-458-3396 or through email at [Dianne.James@use.salvationarmy.org](mailto:Dianne.James@use.salvationarmy.org)

**CLICK HERE FOR THE APPLICATION**

Open Available October 3rd

The Salvation Army Lowell

**THANKSGIVING & CHRISTMAS ASSISTANCE 2022**

Application Open Oct. 3, 2022  
WWW.SAANGELTREE.ORG  
or use the QR code below code  
Limited capacity

**REQUIRED DOCUMENTS**

- Birth certificates for all children ages 16 and under
- Photo ID for Parent or guardian
- Proof of Address
- Valid email address is required so we can make your appointment etc.

**PLEASE NOTE**

- Application NOT complete until ALL DOCUMENTS have been received
- Families of 2 or more may apply
- You may only apply to one agency
- Please: NO requests for Bikes, Computer, video game systems etc.

**SERVING THE FOLLOWING COMMUNITIES**

- Lowell
- Billerica,
- N Billerica
- Chelmsford,
- N Chelmsford
- Dracut
- Dunstable
- Tewksbury
- Tyngsborough
- Westford



Dianne.James@use.salvationarmy.org  
or call 978-458-3396 with questions

The Salvation Army Lowell

**ASISTENCIA DE ACCIÓN DE GRACIAS Y NAVIDAD 2022**

Solicitud abierta el 3 de octubre de 2022  
WWW.SAANGELTREE.ORG  
o use el código QR a continuación  
Aforo limitado

**DOCUMENTOS REQUERIDOS**

- Certificados de nacimiento para todos los niños menores de 16 años ( Los documentos de envío del guardián se cargarán en la pestaña del certificado de Nacimiento)
- Identificación con foto para padre/tutor
- Comprobante de domicilio
- Se requiere una dirección de correo electrónico válida para que podamos comunicar citas, etc.

**TENGA EN CUENTA**

- Solicitud NO completa hasta que se hayan recibido TODOS LOS DOCUMENTOS
- Las familias de 2 o más pueden aplicar
- Solo puede aplicar a una agencia
- Por favor: NO solicite bicicletas, computadoras, sistemas de videojuegos, etc.

**AL SERVICIO DE LAS SIGUIENTES COMUNIDADES**

- Lowell
- Billerica,
- N Billerica
- Chelmsford,
- N Chelmsford
- Dracut
- Dunstable
- Tewksbury
- Tyngsborough
- Westford



Dianne.James@use.salvationarmy.org  
or call 978-458-3396 with questions

## LPS "Connector" Smore Newsletter: Back To School Edition

Check out the latest LPS "Connector" Smore newsletter here. It is full of stories, photos, and information from the first month of the school year!

<http://www.smore.com/btz7j>



## Lowell SPED Pac Smore Newsletter

Here is the monthly Lowell SPED Pac newsletter intended for McAvinnue's Special Education families. We have been informed that this newsletter will be updated monthly and contain important information for those families that have a child that is currently accessing and Individual Education Program (IEP) or in the process of determining if their child qualifies for specialized support and services.



# Community Resources & Daycare Options for Families

Looking for before or after school daycare options for your child? Here is a short list of options and information for your consideration.

[Here is a list of daycare options in Lowell:](#)

- **Community Team Work (CTI)** (978) 454-5100
  - Families who are already enrolled in a CTI program...
    - Call or text school-age coordinators to request a slot
      - Billy 978-995-0028, [wma@commteam.org](mailto:wma@commteam.org)
      - Karen 978-729-7216, [kshannon@commteam.org](mailto:kshannon@commteam.org)
  - Families who are not enrolled in a CTI program
    - If you've filled out a CTI application in the past...
      - Contact Karen (978) 729-7216, [kshannon@commteam.org](mailto:kshannon@commteam.org) to see if where you are on the waitlist (if there is a waitlist)
    - If you've never filled out a CTI application...
      - Fill out an application at 17 Kirk St., 126 Phoenix Ave
      - Or call the main CTI number (978) 454-5100 to request an email version of the application.
- **YMCA:** (978) 454-7825; 1 YMCA Dr in Lowell
  - Karen Espinola is the school-age director
    - Fill out a application online or at the YMCA to request a slot
  - Debbie Doben is the preschool director if your child is preschool age
- **Family Childcare:** Call programs to see if they have openings near you
  - Bethel Family Childcare (978) 458-6577
  - Clarendon Family Childcare (978) 454-3026
  - Child Development and Learning (CDE) (978) 275-2843
  - ACRE Family Childcare (978) 937-5899
  - CTI: See above contact information
- **Girls Inc:** (978) 458-6529, 220; Worthen St. in Lowell
  - Accept girls ages 5-14 years old
  - Accept Child Care Circuit vouchers, DCF vouchers, and private pay (income-based, sliding scale)
  - Call Pam Lerocque (Director of Finance & Administration) to check on openings
- **Boys and Girls Club:** (978) 458-4526; 657 Middlesex St in Lowell
  - School-age openings for after-school



- Teens who are working with the Department of Children and Families can call BGC or DCF to see if they're eligible

## Local Food Support

Do you need support with food options for your family. No need to worry...there are many local groups that can offer support for you during your time of need.



Click the link below for a list of local food pantries that are willing to help.

You can also reach out to Mrs. De La Luz, McAvinnue's Social Worker, for support navigating these and other options.




Greater-Lowell-Area-Pantry-List 8-27-20 (1).xlsx

[Download](#)

15.3 KB

## MCAVINNUE'S FAMILY READ-A-LOUD

### "SPOOKLEY AND THE PUMPKIN JAMBOREE"

 Spookley and the Pumpkin Jamboree - Read Aloud Autumn Halloween Picture Book for Kids Inclusion



Check out our school website where you can find a wealth of information including school news, calendars, and other events.

Please visit our website at:

<https://www.lowell.k12.ma.us/mcavinnue>



## Follow McAvinnue On Social Media

You can follow McAvinnue on social media at the following sites! We update things daily and this is a great way to stay in touch with all of the amazing things that are happening inside and out of "the best school we all know"!



FaceBook: <https://www.facebook.com/McAvinnueElementarySchool>

Twitter:

<https://twitter.com/McAvinnueLPS>

Instagram:

<http://instagram.com/mcavinnueelementarylps>

YouTube:

[https://www.youtube.com/channel/UC7hxiBuRjqjgqfASI\\_RLMleQ](https://www.youtube.com/channel/UC7hxiBuRjqjgqfASI_RLMleQ)



## Our Vision

 Facebook  @McAvinnueLPS

McAvinnue Elementary School is a place...where there are **high expectations**, where students are **academically engaged**, where instruction is guided by a **systematic approach to examine data**, where there is a **multi-tiered system of support**, and where a responsive environment that fosters **social emotional connections** between faculty and students prevails.

**#McAvinnuePride #BeTheDifference #NextLevel**

 131 Mammoth Road, Lowell, M...

 mdomina@lowell.k12.ma.us

 (978) 937-2871

 lowell.k12.ma.us/Domain/21

